

F.B.S.T.
P.O. Box 6445, Alexandria, VA 22306

Individual Meet Results

2009 Virginia State LC Champs 23-May-09 to 25-May-09 Yards

Location: Oak Marr Recreation Center

Fort Belvoir Swim Team [FBST-PV] Coach: Murray Mark

Time	F/P/S	Event	Place	Points	Improv
Chapman, Luke (12) M					
1:24.61L	F # 70	Male 11-12 100 Back	18	---	---
32.80L	F # 82	Male 11-12 50 Free	21	---	---
Dona, Alex (17) M					
58.03L	P # 4	Male Senior 100 Free	15	---	0.70
58.22L	F # 4	Male Senior 100 Free	16	1	0.89
1:04.68L	P # 12	Male Senior 100 Fly	17	---	1.01
1:04.96L	F # 12	Male Senior 100 Fly	16	1	1.29
1:19.24L	P # 20	Male Senior 100 Breast	21	---	-8.41
2:07.29L	F # 44	Male Senior 200 Free	15	2	0.13
2:08.50L	P # 44	Male Senior 200 Free	18	---	1.34
26.50L	F # 60	Male Senior 50 Free	13	4	-0.60
26.56L	P # 60	Male Senior 50 Free	11	---	-0.54
2:57.55L	P # 64	Male Senior 200 Breast	23	---	---
35.23L	F # 92	Male Senior 50 Breast	3	15.5	---
Dona, Reanna (14) F					
1:01.63L	F # 1	Female 13-14 100 Free	4	15	0.68
1:01.83L	P # 1	Female 13-14 100 Free	3	---	0.88
1:11.14L	F # 9	Female 13-14 100 Fly	10	7	-1.00
1:14.13L	P # 9	Female 13-14 100 Fly	15	---	1.99
4:52.70L	F # 21	Female 13-14 400 Free	9	9	-10.86
5:11.53L	P # 21	Female 13-14 400 Free	14	---	7.97
1:10.87L	F # 49	Female 13-14 100 Back	3	16	-0.45
1:12.32L	P # 49	Female 13-14 100 Back	5	---	1.00
27.77L	F # 57	Female 13-14 50 Free	2	17	-0.07
28.39L	P # 57	Female 13-14 50 Free	2	---	0.55
32.92L	F # 105	Female 13-14 50 Back	1	20	-1.95
Graves, Molly (15) F					
1:25.27L	F # 19	Female Senior 100 Breast	16	1	-1.36
1:25.80L	P # 19	Female Senior 100 Breast	16	---	-0.83
5:16.67L	P # 23	Female Senior 400 Free	53	---	7.13
2:27.80L	P # 43	Female Senior 200 Free	55	---	-1.56
30.86L	P # 59	Female Senior 50 Free	39	---	-0.68
3:08.30L	P # 63	Female Senior 200 Breast	26	---	-0.59
40.63L	F # 91	Female Senior 50 Breast	4	15	-3.34
Ljuba, Casey (10) F					
1:21.19L	F # 27	Female 9-10 100 Free	10	7	-8.09
6:20.28L	F # 37	Female 9-10 400 Free	7	12	---
2:58.59L	F # 67	Female 9-10 200 Free	8	11	-21.42
1:41.91L	F # 71	Female 9-10 100 Back	12	5	3.03
36.14L	F # 79	Female 9-10 50 Free	9	9	-0.19
44.81L	F # 101	Female 9-10 50 Back	10	7	-0.09
3:31.59L	F # 109	Female 9-10 200 IM	15	2	-28.97

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Time	F/P/S	Event	Place	Points	Improv
Mattis, Mark (15) M					
58.94L	P # 4	Male Senior 100 Free	22	---	0.08
2:23.50L	P # 8	Male Senior 200 IM	14	---	-6.12
2:24.08L	F # 8	Male Senior 200 IM	16	1	-5.54
4:31.95L	P # 24	Male Senior 400 Free	20	---	-1.79
2:04.97L	F # 44	Male Senior 200 Free	12	5	-0.63
2:06.81L	P # 44	Male Senior 200 Free	13	---	1.21
5:11.80L	P # 48	Male Senior 400 IM	23	---	-6.69
26.71L	P # 60	Male Senior 50 Free	17	---	-0.54
29.12L	F # 100	Male Senior 50 Fly	7	12	---
Montgomery, Andrew (12) M					
1:08.87L	F # 26	Male 11-12 100 Free	15	2	---
1:21.33L	F # 70	Male 11-12 100 Back	13	4	---
1:29.54L	F # 78	Male 11-12 100 Breast	8	11	---
30.04L	F # 82	Male 11-12 50 Free	6	13	---
42.27L	F # 88	Male 11-12 50 Breast	11	6	---
35.11L	F # 96	Male 11-12 50 Fly	9	9	---
36.25L	F # 104	Male 11-12 50 Back	5	14	---
Olechnowicz, Cheryl (17) F					
1:07.22L	P # 3	Female Senior 100 Free	44	---	3.53
1:20.83L	P # 11	Female Senior 100 Fly	42	---	10.49
Rausch, Will (12) M					
1:33.82L	F # 78	Male 11-12 100 Breast	14	3	---
42.05L	F # 88	Male 11-12 50 Breast	10	7	---
Valceanu, Michael (12) M					
1:07.71L	F # 26	Male 11-12 100 Free	11	6	---
3:06.91L	F # 30	Male 11-12 200 Back	16	1	-11.40
1:17.71L	F # 34	Male 11-12 100 Fly	9	9	-8.34
2:34.73L	F # 66	Male 11-12 200 Free	17	---	---
1:28.29L	F # 70	Male 11-12 100 Back	23	---	---
2:57.92L	F # 74	Male 11-12 200 Fly	5	14	-13.45