

F.B.S.T.
P.O. Box 6445, Alexandria, VA 22306

Individual Meet Results

2009 Tom Dolan Invitational 03-Dec-09 to 06-Dec-09 Yards
Location: George Mason University-Fairfax
Fort Belvoir Swim Team [FBST-PV] Coach: Murray Mark

| Time | F/P/S | Event | Place | Points | Improv |
|-------------------------------|---------|---------------------------|-------|--------|--------|
| Chalfant, Dan (17) M | | | | | |
| 52.90Y | P # 28 | Male Senior 100 Fly | 27 | --- | -1.01 |
| 22.69Y | F # 56 | 200 Free Relay Lead Off | --- | --- | 0.25 |
| 22.66Y | P # 68 | Male Senior 50 Free | 51 | --- | 0.22 |
| 57.71Y | P # 76 | Male Senior 100 Back | 84 | --- | 0.58 |
| 59.24Y | F # 92 | 400 Medley Relay Lead Off | --- | --- | 2.11 |
| 26.19Y | F # 102 | 200 Medley Relay Lead Off | --- | --- | -0.90 |
| 48.81Y | P # 114 | Male Senior 100 Free | 37 | --- | -0.62 |
| 49.48Y | F # 136 | 400 Free Relay Lead Off | --- | --- | 0.05 |
| Chapman, Luke (12) M | | | | | |
| 27.14Y | P # 70 | Male 11-12 50 Free | 24 | --- | -0.59 |
| 2:35.25Y | P # 86 | Male 11-12 200 IM | 37 | --- | -0.62 |
| Deniston, Jake (10) M | | | | | |
| 1:26.11Y | F # 40 | Male 10 & Under 100 Back | 52 | --- | -0.76 |
| Dona, Alex (17) M | | | | | |
| 1:48.62Y | P # 20 | Male Senior 200 Free | 53 | --- | 0.52 |
| 54.50Y | P # 28 | Male Senior 100 Fly | 59 | --- | 0.46 |
| 2:21.97Y | P # 60 | Male Senior 200 Breast | 63 | --- | -0.24 |
| 23.05Y | P # 68 | Male Senior 50 Free | 74 | --- | 0.18 |
| 48.74Y | P # 114 | Male Senior 100 Free | 35 | --- | -1.18 |
| 2:01.77Y | P # 122 | Male Senior 200 Fly | 42 | --- | -1.20 |
| 2:04.15Y | P # 130 | Male Senior 200 IM | 71 | --- | 1.28 |
| Dona, Reanna (15) F | | | | | |
| 1:11.43Y | P # 11 | Female Senior 100 Breast | 47 | --- | -0.24 |
| 58.52Y | P # 27 | Female Senior 100 Fly | 19 | --- | -2.67 |
| 24.15Y | P # 67 | Female Senior 50 Free | 4 | --- | -0.17 |
| 24.22Y | F # 67 | Female Senior 50 Free | 6 | 13 | -0.10 |
| 58.69Y | F # 75 | Female Senior 100 Back | 11 | 6 | -0.52 |
| 58.77Y | P # 75 | Female Senior 100 Back | 14 | --- | -0.44 |
| 52.44Y | F # 113 | Female Senior 100 Free | 4 | 15 | -1.10 |
| 53.12Y | P # 113 | Female Senior 100 Free | 7 | --- | -0.42 |
| 2:12.31Y | P # 129 | Female Senior 200 IM | 25 | --- | -3.39 |
| Frerichs, Reese (14) M | | | | | |
| 1:08.82Y | P # 10 | Male 13-14 100 Breast | 32 | --- | -3.22 |
| 2:31.38Y | P # 58 | Male 13-14 200 Breast | 36 | --- | -2.57 |
| 1:02.50Y | P # 74 | Male 13-14 100 Back | 61 | --- | -1.56 |
| 2:18.77Y | P # 104 | Male 13-14 200 Back | 68 | --- | -1.16 |
| Graves, Chris (19) M | | | | | |
| 57.31Y | P # 28 | Male Senior 100 Fly | 103 | --- | 0.69 |
| Graves, Molly (15) F | | | | | |
| 1:10.87Y | P # 11 | Female Senior 100 Breast | 39 | --- | -0.74 |
| 2:34.13Y | P # 59 | Female Senior 200 Breast | 47 | --- | -3.18 |

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|---------------------------------|---------|------------------------------|-------|--------|--------|
| Grillo, Abigail (10) F | | | | | |
| 1:13.64Y | F # 23 | Female 10 & Under 100 Free | 60 | --- | -0.10 |
| 40.30Y | F # 31 | Female 10 & Under 50 Fly | 59 | --- | 2.13 |
| 1:21.73Y | F # 39 | Female 10 & Under 100 Back | 31 | --- | -0.10 |
| 32.93Y | F # 71 | Female 10 & Under 50 Free | 48 | --- | 0.01 |
| 37.47Y | F # 79 | Female 10 & Under 50 Back | 40 | --- | -1.76 |
| 1:30.65Y | F # 117 | Female 10 & Under 100 Fly | 41 | --- | -1.86 |
| 2:41.24Y | F # 125 | Female 10 & Under 200 Free | 42 | --- | -2.30 |
| Mattis, Mark (16) M | | | | | |
| 1:03.62Y | P # 12 | Male Senior 100 Breast | 61 | --- | -1.36 |
| 1:47.38Y | P # 20 | Male Senior 200 Free | 42 | --- | -0.44 |
| 4:22.61Y | P # 36 | Male Senior 400 IM | 47 | --- | -4.60 |
| 1:47.75Y | F # 48 | 800 Free Relay Lead Off | --- | --- | -0.07 |
| 23.21Y | P # 68 | Male Senior 50 Free | 89 | --- | 0.11 |
| 4:58.15Y | P # 84 | Male Senior 500 Free | 61 | --- | 3.81 |
| 49.75Y | P # 114 | Male Senior 100 Free | 58 | --- | -0.33 |
| 2:00.64Y | P # 130 | Male Senior 200 IM | 43 | --- | -1.35 |
| Valceanu, Michael (12) M | | | | | |
| 55.16Y | P # 22 | Male 11-12 100 Free | 5 | --- | -2.03 |
| 55.96Y | F # 22 | Male 11-12 100 Free | 6 | 13 | -1.23 |
| 27.53Y | F # 30 | Male 11-12 50 Fly | 4 | 15 | -1.04 |
| 27.60Y | P # 30 | Male 11-12 50 Fly | 2 | --- | -0.97 |
| 25.81Y | P # 70 | Male 11-12 50 Free | 10 | 7 | -0.25 |
| 2:15.96Y | F # 94 | Male 12 & Under 200 Fly | 1 | --- | -4.10 |
| 1:04.67Y | F # 108 | Male 11-12 100 IM | 7 | 12 | -1.24 |
| 1:05.14Y | P # 108 | Male 11-12 100 IM | 8 | --- | -0.77 |
| 1:00.40Y | F # 116 | Male 11-12 100 Fly | 2 | 17 | -1.82 |
| 1:00.97Y | P # 116 | Male 11-12 100 Fly | 3 | --- | -1.25 |
| 2:04.93Y | P # 124 | Male 11-12 200 Free | 11 | 6 | -0.95 |
| Weinstein, Sarah (12) F | | | | | |
| 2:56.81Y | F # 41 | Female 12 & Under 200 Breast | 29 | --- | -0.41 |