



FBST

Code of Conduct



1. FBST Swimmers represent the FBST program, their families, and themselves during the travel. It is expected that they behave in an exemplary manner. The reputation of FBST, and those associated with FBST, will be dependent upon your behavior. Your behavior must positively reflect the high standards of the club.
 - i. FBST team members should be respectful of their peers, coaches, parents, and general public.
 - ii. Disrespectful, indiscreet or destructive behavior will not be tolerated. It is the responsibility of each swimmer to make every effort to avoid guilt by association with such activities at any time during the trip.
 - iii. No loud or boisterous behavior will be tolerated in the hallways or public areas, and such behavior should be kept to a minimum in your rooms.
2. Swimmers are expected to remain with the team at all times during the trip. Swimmers are not to leave the pool, the hotel, or any other place at which the team has gathered without permission of the coach.
 - i. Athletes will participate in all team meetings, outings and functions. Be punctual.
3. Hotel rooms and travel vehicles are to be treated with respect and kept neat. Belongings should be kept together and all trash deposited appropriately.
 - i. Any damage or theft incurred at the hotel will be at the expense of the swimmers assigned to that room.
 - ii. Any damage to vehicles will be the responsibility of the parties involved.
4. Male swimmers are not allowed in female swimmers' hotel rooms, nor are female swimmers permitted in male swimmers' rooms (this includes brothers, sisters, cousins...etc).
5. All swimmers are expected to strictly adhere to the curfew established by the coaching staff.
 - i. No team member may be out of their room after the assigned curfew
 - ii. At curfew, all lights and TV's must be turned off.
6. When traveling by van, swimmers must wear seat belts and remain seated at all times.
7. The possession, purchase, or consumption of alcohol, smoking or chewing tobacco products, or drugs other than those prescribed by your physician is unacceptable, and will not be tolerated.
 - i. Athletes in violation will subject to immediate return home at the expense of the parents.

Failure to comply with the Code of Conduct as set forth in this document may result in disciplinary action.

1. Immediate return home at the expense of the parents.
2. Disqualification from future FBST travel meets.
3. Disqualification from future FBST training trips.

I recognize my responsibility to abide by the rules and requirements of the FBST Training Trip and I acknowledge that I have received and read such.

Athlete _____

Date _____

Parent _____

Date _____